

# The European Prevention of Alzheimer's Dementia (EPAD) Programme

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# Overview of Presentation

- Brief summary of the EPAD Project and Progress
- The V500.0 Dataset
  - Rationale
  - Results
- The next 5 years for EPAD

# The European Prevention of Alzheimer's Dementia Consortium

## Academia



## SMEs



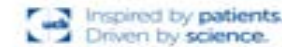
## Patient Organisation



## Other industry

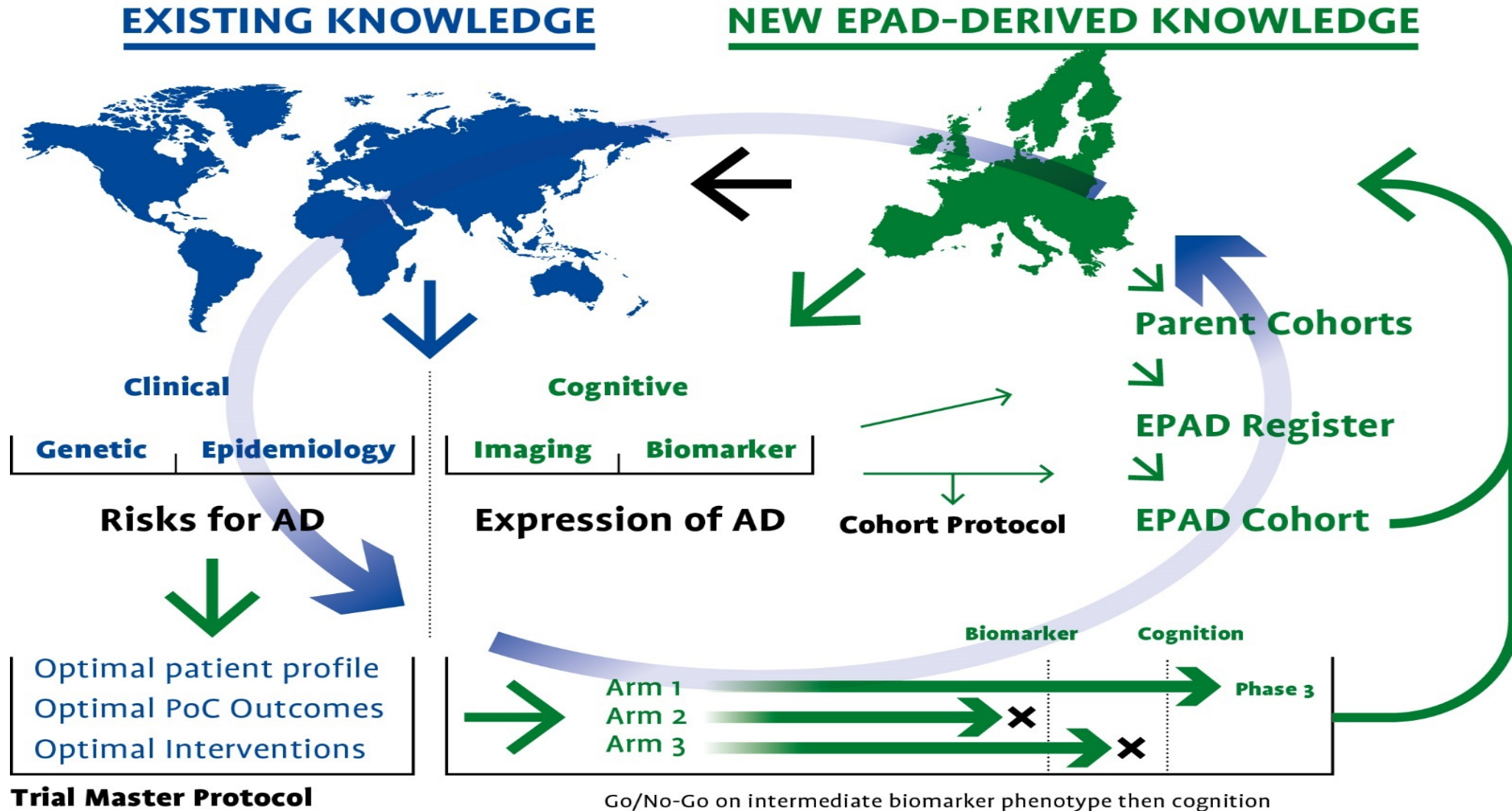


## EFPIA

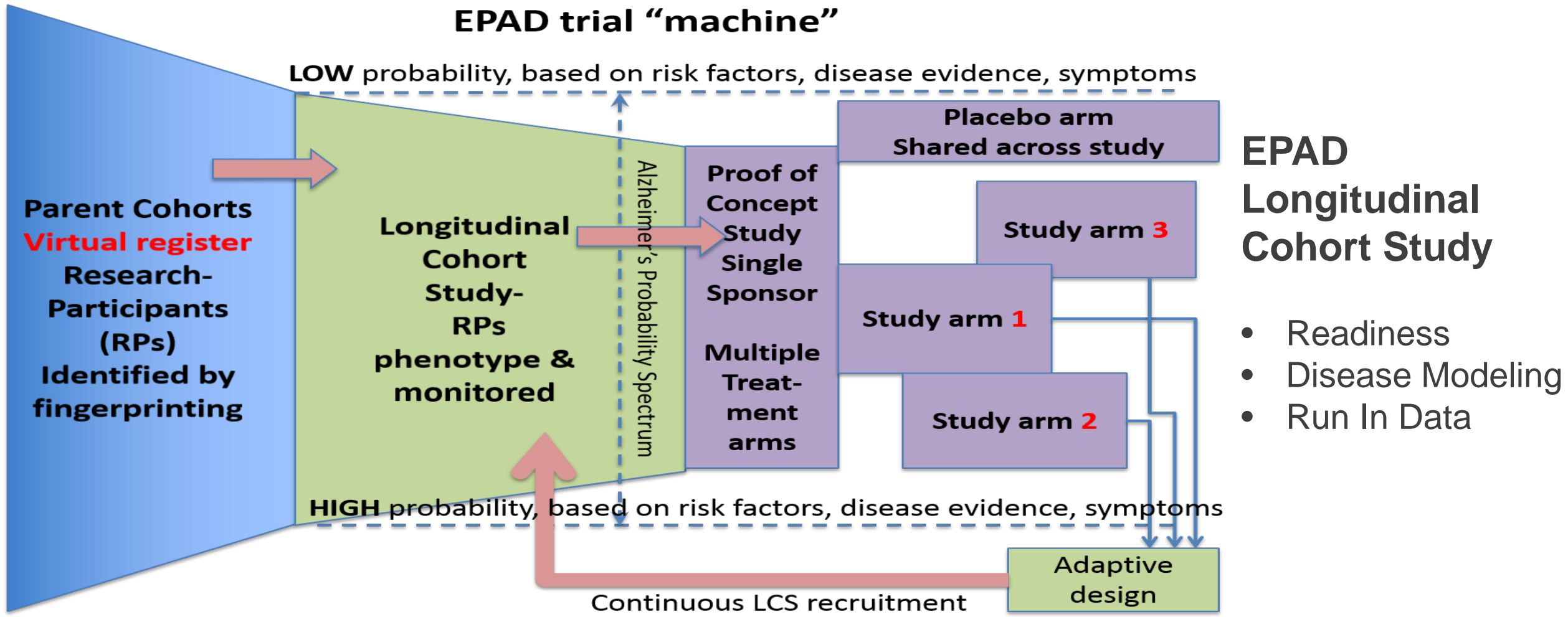


adaptive  
infrastructure  
Disease due  
enables undertaking  
combinations decision  
project early EPAD European  
efficiently ongoing  
Proof-of-Concept  
aims secondary drug  
multi-arm development develop making  
studies candidates  
Alzheimer's accurate  
dementia Prevention

# The EPAD Project



# EPAD Programme Overview





# EPAD Neuropsychological Examination (ENE)

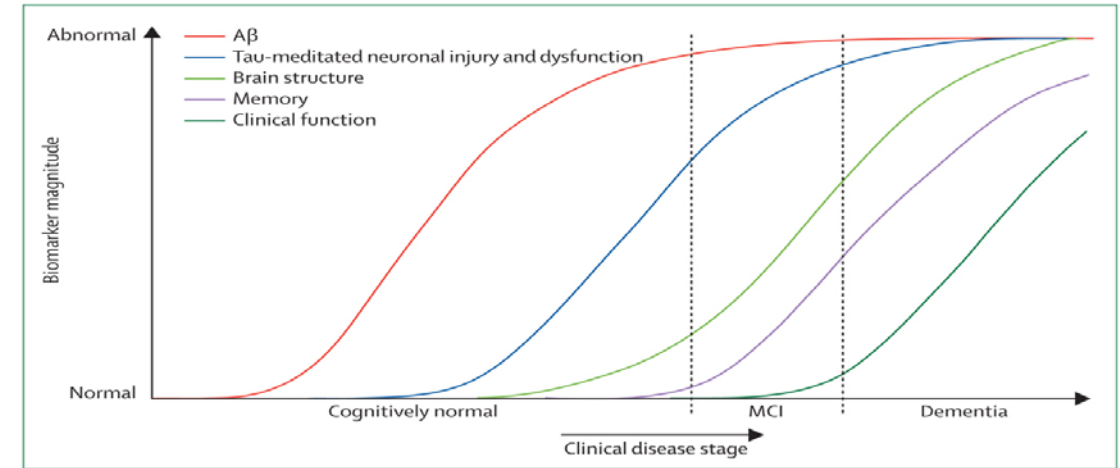
## COGNITIVE OUTCOMES

PRIMARY: RBANS - Repeatable Battery for the Assessment of Neuropsychological Status

- Verbal Episodic Memory: List Learning & Story Memory
- Visual Episodic Memory: Figure recall
- Visuospatial/Constructional: Figure Copy & Line Orientation
- Language: Picture Naming
- Attention/Executive Functioning: Semantic Fluency, Digit Span, Coding

SECONDARY: Cognitive Outcomes

- Dot Counting
  - (working memory, NIH Examiner, secondary)
- Flanker
  - (choice reaction time and set-shifting, NIH Examiner, secondary)
- Name/Face Pairs
  - (paired associate learning, University of California, San Francisco, secondary)
- Four Mountains Task
  - (allocentric space, Cambridge Cognitive Neurosciences, exploratory)
- Virtual Reality Supermarket Trolley
  - (navigation in egocentric space, University College London, exploratory)



Alzheimer's & Dementia | (2016) 1-10

Perspective

Recommended cognitive outcomes in preclinical Alzheimer's disease:  
Consensus statement from the European Prevention of Alzheimer's  
Dementia project

Karen Ritchie<sup>a,b,\*</sup>, Michael Ropacki<sup>c,1</sup>, B. Alcala<sup>d</sup>, John Harrison<sup>d,e</sup>, Jeffrey Kaye<sup>e</sup>,  
Joel Kramer<sup>f</sup>, Christopher Randolph<sup>g</sup>, C. W. Ritchie<sup>h</sup>



Alzheimer's & Dementia | (2016) 1-25

Review Article

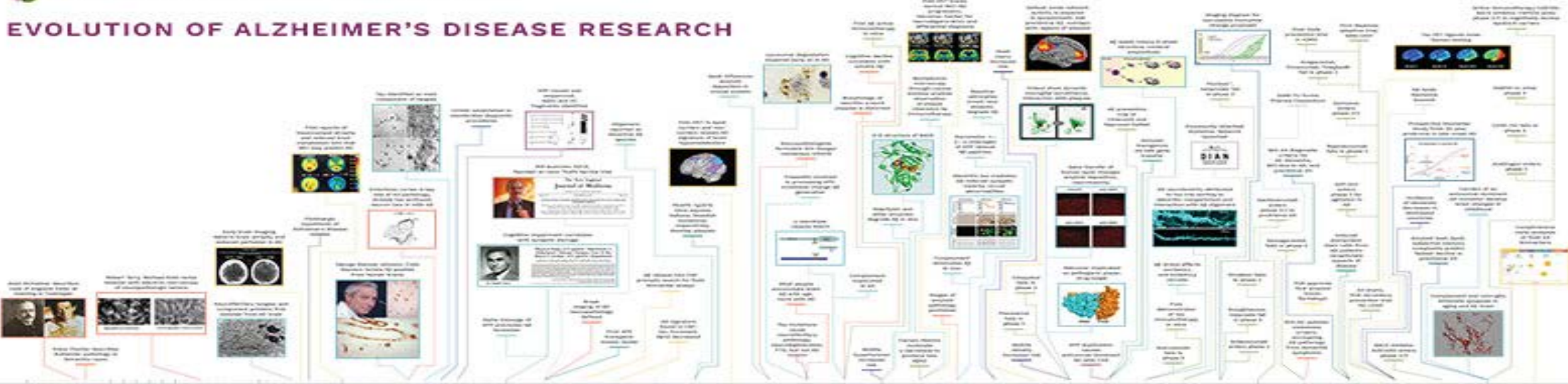
Detecting cognitive changes in preclinical Alzheimer's disease: A review  
of its feasibility

M. Mortamais<sup>a,b,1</sup>, J. A. Ash<sup>c,1</sup>, J. Harrison<sup>d,e</sup>, J. Kaye<sup>f</sup>, J. Kramer<sup>g</sup>, C. Randolph<sup>h</sup>, C. Pose<sup>g</sup>,  
B. Alcala<sup>d</sup>, M. Ropacki<sup>c</sup>, C. W. Ritchie<sup>h</sup>, K. Ritchie<sup>a,b,\*</sup>

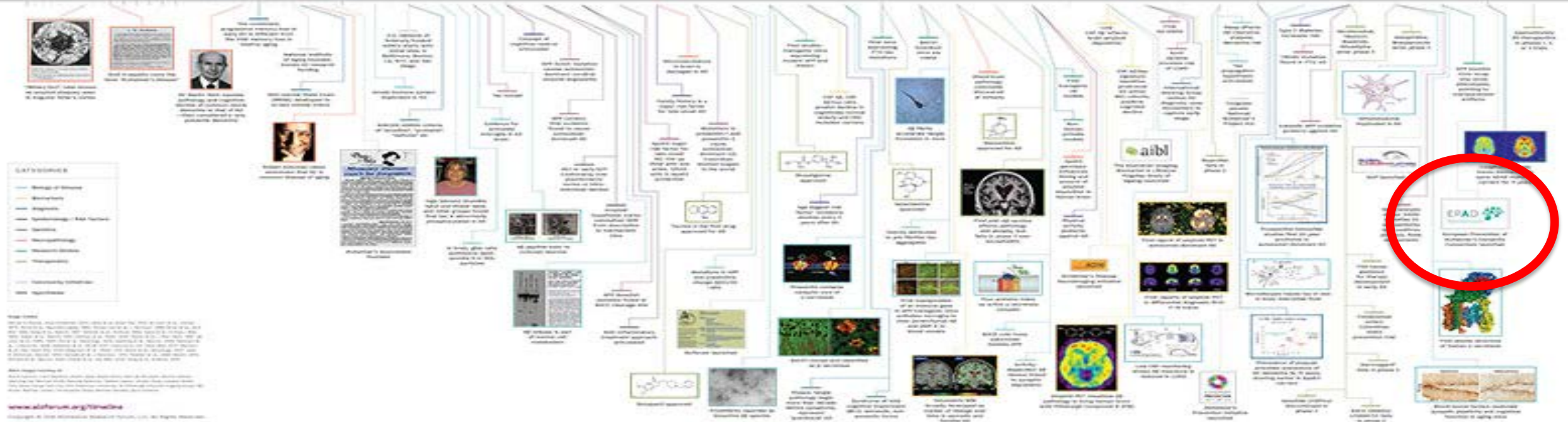
- Secondary outcomes
  - CSF biomarker outcomes: A $\beta$ , t-tau, p-tau Blood, urine, saliva for genomics and assessment of emerging biomarkers
  - Neuroimaging outcomes
    - Structural MRI
      - Cortical thickness, deep grey matter volumes
      - Fractional anisotropy (FA) of temporal lobe, diffusion kurtosis (multi b-value DTI), network alterations
    - Functional MRI
      - Global & parietal CBF
      - Changes within the default-mode network & relation with hippocampal activity (rsfMRI)
      - Bolus arrival time (multi-delay ASL)
      - Network analysis (rsfMRI)
    - PET Amyloid Imaging (AMYPAD)



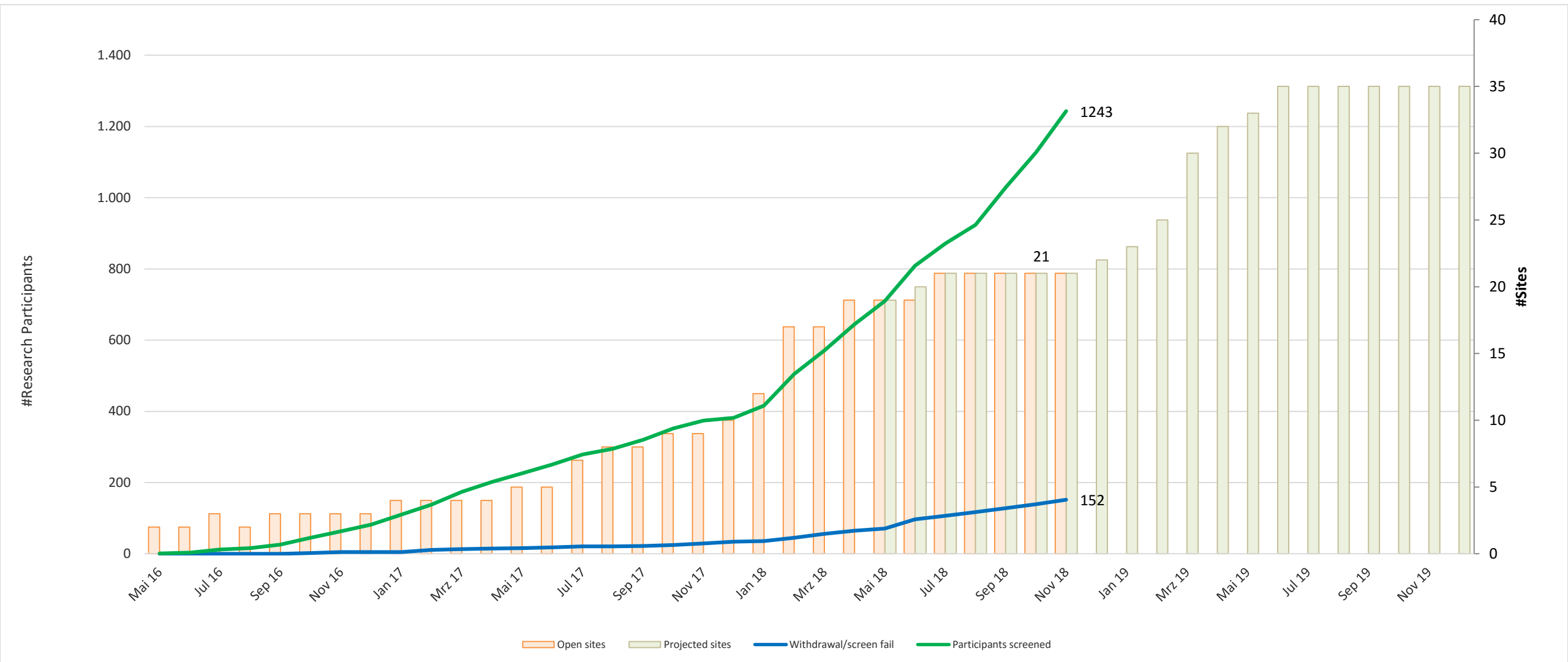
# EVOLUTION OF ALZHEIMER'S DISEASE RESEARCH



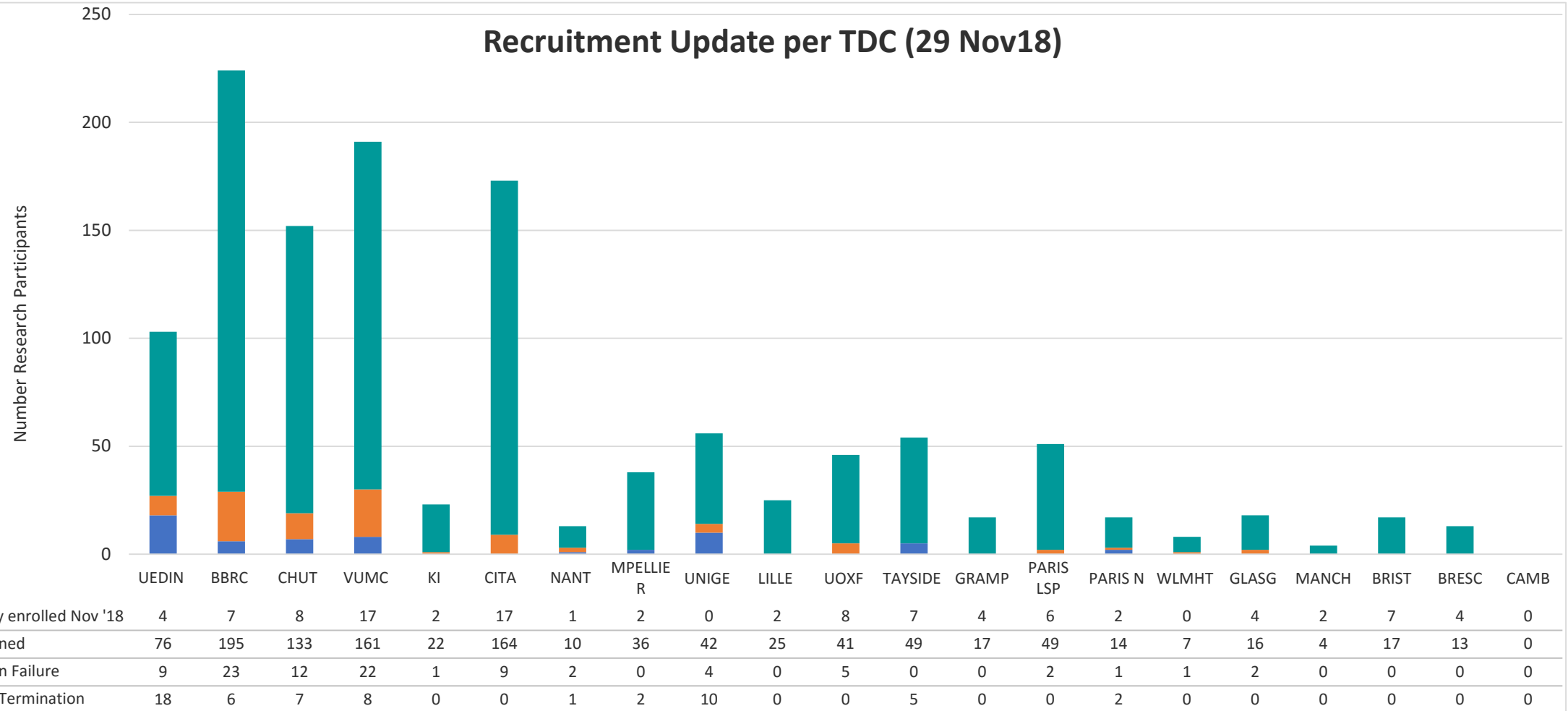
1900 1910 1960 1970 1980 1990 1995 2000 2005 2010 2015



# EPAD Longitudinal Cohort Study Recruitment update



# Regional Summary – 20 Nov 18



# The EPAD V500.0 Dataset

- **Rationale**

- Perpetual recruitment so had to create interim data locks
- Transparency on data set being used by researchers
  - Aids comparisons of research outputs and meta-analysis
- Operationally more coordinated
  - Imaging, biomarker and genetic data embedded in main dataset

- **V** = Version
- **500** = the number of sequentially recruited research participants in dataset
- **.0** the study visit the dataset includes up to

- Summer 2019 – expect on basis of current recruitment V1500.0 and V500.1
- 6 month within consortium privileged access then all data on open data access platform – still to be agreed exact details

## ■ Results<sup>1</sup>

– All outputs grouped by CDR and Amyloid Status

- (CSF A $\beta$  <1,000pg/ml defined as Amyloid Positive)

– Key variables

- **Demographics and ApoE status**
- **Cognition**
- MRI Imaging (Volumes – Fazeka and Scheltens Scores)
- Other Clinical – Functional, Sleep, Depression and Anxiety

<sup>1</sup>Ritchie CW et al. **The European Prevention of Alzheimer's Dementia (EPAD) Longitudinal Cohort Study: Baseline Data Release V500.0. (In Press) JPAD 2018**



# EPAD V500.0 Demographics and ApoE Status

	<b>Total Sample (n=500)</b>	<b>CDR 0 Amyloid – (n=251)</b>	<b>CDR 0 Amyloid + (n=117)</b>	<b>CDR 0.5 Amyloid – (n=37)</b>	<b>CDR 0.5 Amyloid + (n=37)</b>
<b>Age (mean/SD)</b>	66.4(6.7)	64.8(5.9)	65.9(6.5)	69.5(7.6)	71.8(6.6)
<b>Gender</b>					
Female	261(52.2%)	140(54%)	60(23%)	19(7%)	13(5%)
Male	236(47.2%)	111(47 %)	57(24%)	18(8%)	24(10%)
<b>Marital Status</b>					
Married/cohabiting	375	198(59%)	87(26%)	26(7%)	27(8%)
Divorced	54	19(40%)	15(32%)	7(15%)	6(13%)
Single	36	18(60%)	6(20%)	3(10%)	3(10%)
Widowed	32	16(59%)	9(33%)	1(4%)	1(4%)
<b>Years of Education (mean/SD)</b>	14.0(3.7)	14.2(3.6)	13.9(3.8)	13.7(3.7)	14.1(3.9)
<b>Family History (%+)</b>					
Yes	334(67%)	177(71%)	84(71%)	20(54%)	20(54%)
No	166(33%)	74(71%)	34(29%)	17(46%)	17(46%)
<b>ApoE Status</b>					
ApoEε4 Positive (n,%)	190(38%)	91(48%)	59(31%)	6(3%)	21(11%)
ApoEε4/ε4 (%)	19(10%)	2(11%)	11(58%)	1(5%)	4(21%)
ApoEε4/- (%)	171(90%)	89(52%)	48 (28%)	5(3%)	17(10%)



# EPAD V500.0 Associations with Amyloid Positivity<sup>1</sup>

Variable	Univariate Analysis			Multivariate Analysis <sup>2</sup>		
	OR	95% CI	p-value	OR	95% CI	p-value
Age	<b>1.03</b>	<b>1.00 – 1.06</b>	<b>0.02</b>	1.03	0.99 – 1.06	0.07
Gender <sub>male</sub>	1.31	0.9 – 1.92	0.16	1.20	0.80 – 1.80	0.38
Years of Education	0.99	0.93 – 1.03	0.61	1.01	0.95 – 1.06	0.74
Family History +	1.19	0.81 – 1.75	0.37	1.57	0.99 – 2.50	0.12
ApoEε4 +	<b>2.24</b>	<b>1.52 – 3.29</b>	<b>&lt;0.0001</b>	<b>2.18</b>	<b>1.44 – 3.31</b>	<b>&lt;0.0001</b>
CDR 0.5	<b>1.74</b>	<b>1.08 – 2.79</b>	<b>0.02</b>	1.60	0.89 – 2.90	0.12
RBANS <sub>total</sub>	<b>0.98</b>	<b>0.96 – 0.99</b>	<b>0.03</b>	0.98	0.97 – 1.01	0.12

<sup>1</sup>Amyloid Positivity defined as CSF Aβ value <1,000pg/ml

<sup>2</sup>Adjusted for all other variables in the model i.e. age, gender, years of education, family history, ApoE status, CDR score and RBANS<sub>total</sub>

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## ■ Data release to consortium due December 2018

- |         |              |                                     |
|---------|--------------|-------------------------------------|
| – P100  | Vermunt      | Study enrolment from parent cohorts |
| – P143  | Ropacki      | Cognitive data summary              |
| – P165  | Stirland     | Amyloid Status and Co-morbidities   |
| – LBP54 | Bauermeister | Psychometric Methodologies (DPUK)   |
| – OC38  | Ritchie      | V500.0 Presentation                 |

Imaging analysis ongoing within VUMC under Barkhof

- V500.0 **global** release summer 2019
- V500.1 consortium release December 2019
- V1500.0 consortium release summer 2019
  - (presentations CTAD San Diego)
- EPAD Longitudinal Cohort Study Recruitment improving month by month

# Next Steps

- **PoC planned to start in 2019**
- **Cohort balance optimised for readiness**
- **Site opening to reach over 30 in 2019**
- **Initiate sustainability plans**
- **Establish l'Academie for all new knowledge and scientific oversight of EPAD2**

# Acknowledgements

The research leading to these results has received support from the Innovative Medicines Initiative Joint Undertaking under grant agreement n° 115736, resources of which are composed of financial contribution from the European Union's Seventh Framework Programme (FP7/2007-2013) and EFPIA companies' in kind contribution.

